

# Physical and Emotional Safety

**Confronting the Next Normal** 

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Building safer tomorrows.











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- Access to the presentation
- Q&A Session at end
- Evaluations
- Social Media



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#### What's on Students' Minds?

61%

Of teens are now thinking more about their physical and social emotional safety.<sup>1</sup> >50%

More than half of 11-17-yearolds reported having thoughts of suicide or self harm (Sept 2020)<sup>3</sup>

49%

Less than half of teens believe their school is doing its best to create an atmosphere of physical and social emotional safety.<sup>1</sup> 48%

About half of teens continue to say they feel less connected to their friends than usual. Similarly, 40% feel more lonely than usual.<sup>2</sup>

97%

Increase in mental health claims for 13-18-year-olds in 2020<sup>4</sup>

#### Sources

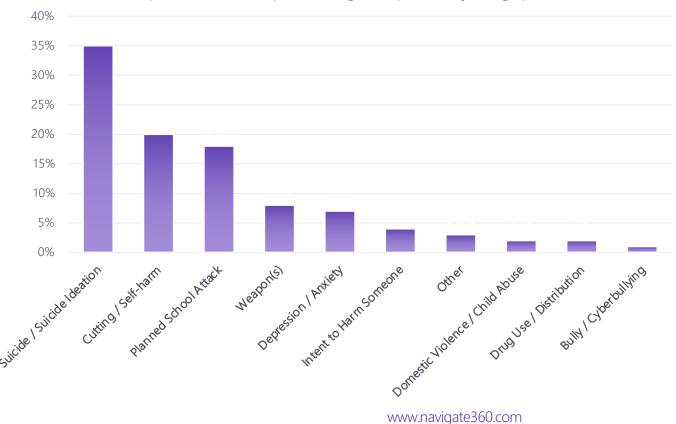
<sup>1</sup>Navigate360 | Zogby Safety & Wellbeing Poll <sup>2</sup>Common Sense Media | Survey Monkey Poll <sup>3</sup>Mental Health America, 2021 Key Findings

<sup>4</sup>The Impact of COVID-19 on Pediatric Mental Health, FAIR Health, Inc



#### Top 10 Life Safety Tip Categories - 2020





- Suicide related tips up 12%
- Over 70% of the tips deal with harm to self or others



# The Impact on Schools



Increases in absenteeism



Reduction of reading ability, test scores and work performance



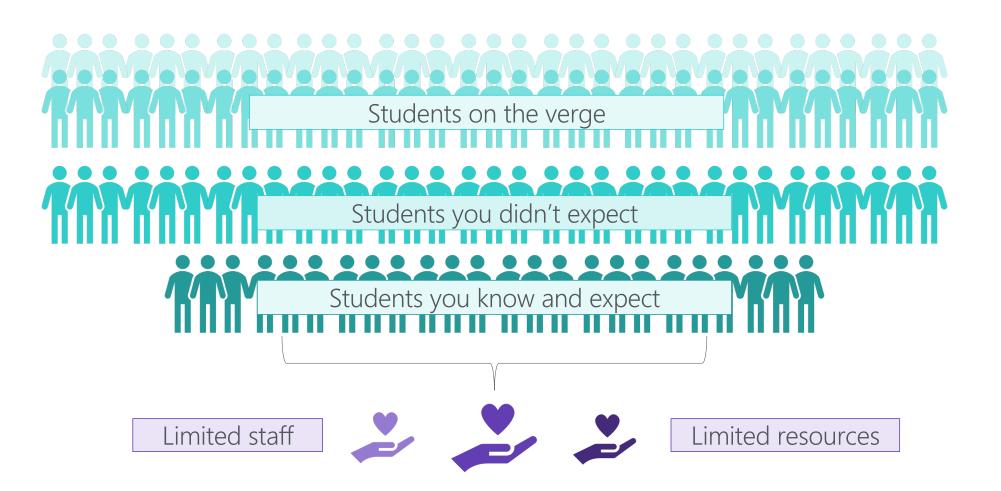
Constrains and overburdens resources



Prevents communities from focusing on their true mission



### How do you identify and manage the needs?









Stress
Anxiety
Isolation
Loneliness
Overwhelm
Grief
Fear



National Alliance on Mental Illness (NAMI)

www.navigate360.com



# According to the Experts: Youth Violence Against Self and Others is Preventable









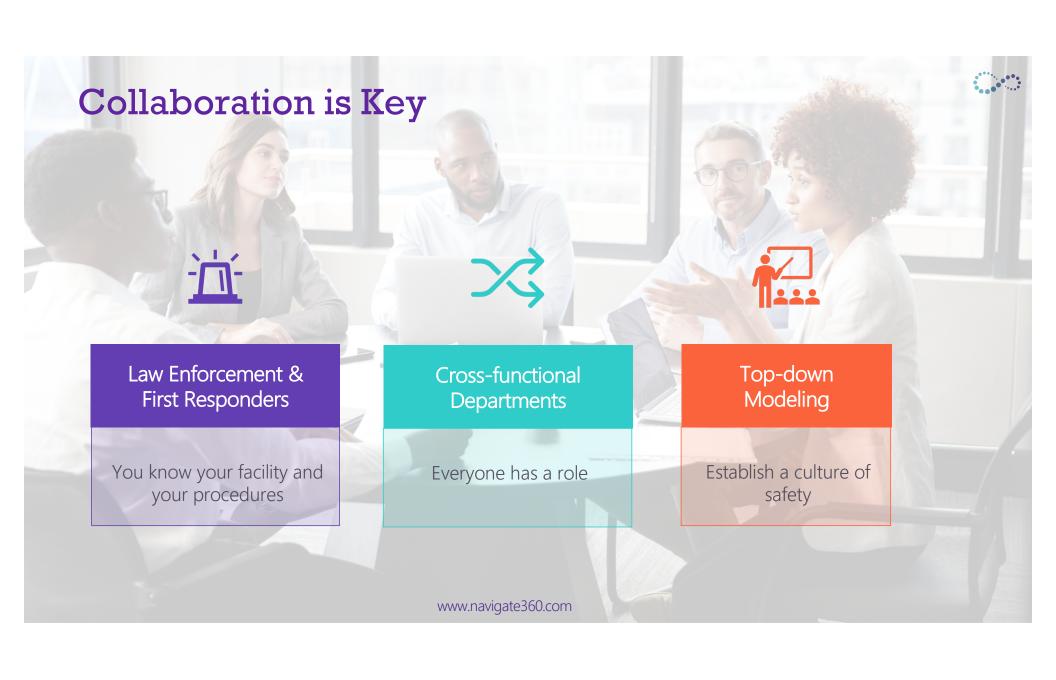


Students are in the best position to identify and report concerning behaviors displayed by their classmates. intervene
immediately,
before a student's
behavior warrants
legal and/or other
consequences.

Assessments for students who are in distress and pose a threat will greatly reduce violence.

There is a significant need for mental health identification, intervention, and management.

Connecting the Dots / return to school / ongoing management / reassessment











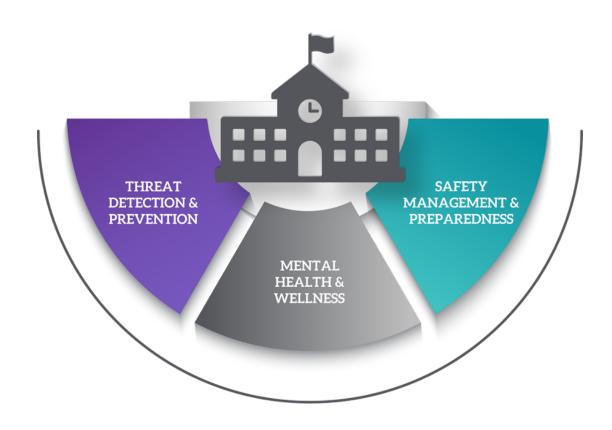








## Taking a Holistic Approach



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#### Thank you – Stay Safe



#### Reminders

- Access to the presentation
- Evaluations
- Social Media

#### **Contact Info**

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